

**Ages:** Rm A - Under 2 on September 1<sup>st</sup> at least 18 mos. old  
Rm B - 2 by September 1st

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## **Mothers' Morning Out 2022-2023**

**No adults are permitted in the building**

**Each child is to bring in a container of wipes**

**Each child must wash their hands upon arrival**

**Fees for lunch bunch must be paid upon arrival**

“ Our school provides a loving and interesting atmosphere for young children while mothers are away. The program strives to fulfill the community's need for part-time child care in a safe and happy environment. This is probably your child's first experience in learning to trust others outside of family members. It is an important part in your child's growth and development. We strive to make this transition positive.”

**Phone Numbers:** 446-4214 school office 9:00 to 3:00  
446-6398 church office 8:00 to 2:00-  
Miss Marian: cell 610-716-1895  
home 610-353-2981  
E mail Mgalante@aol.com

**Schedule:** 9:00 to 11:30 A.M each morning beginning in Sept. and ending in June. The school year is divided into 8 sessions. The sessions have 5 or 6 weeks in each. Children who miss school because of sickness or vacation are not able to make up days.

Early morning drop off is at 8:30 each day. There is no charge for this. It is in your child's classroom and the teacher will greet you at the playground

**Rates:** 8 payments are made during the school year. Checks are made out to Trinity Lutheran Nursery School. A \$25.00 fee is imposed on all returned checks. **You will receive a bill for each session. You will pay \$35.00 a day.** The bill will be sent home email  
Tuition payment should be placed inside the manila envelope marked TUITION at front door

**Allergy-** If your child has allergies, with or without an epi pen, please

**Lunch Bunch** is offered Tuesday, Wednesday and Thursdays during the week from 11:30 to 1:30 for two and three year olds. The cost for lunch is \$12.00 per day. We will begin this program the 3<sup>rd</sup> week of school. If you are interested, pack your child a lunch. Upon arrival, the teacher will greet you at the entrance of the school at the playground. If your child is staying for lunch give your teacher your child's name and if he or she has an allergy. She will write it on the list. **PLEASE HAVE YOUR PAYMENT FOR LUNCH ON ARRIVAL. LEAVE IT IN THE ENVELOPE AT THE ENTRANCE**

**Health or Illness:**

**If you , a member of your family, or your child is diagnosed with covid-19, notify me at 610-716-1895...you must quarantine for 5 days. The school will be sanitized and that class will be cancelled for 5 days**

complete the allergy action plan . Your child's teacher will place that in the schoolbag. Please complete and return it to school. It will be kept in the classroom in case of an emergency.

## **Release:**

If your child is going home with someone other than yourself, please inform the teacher at arrival and text Miss Marian at 6107161895 We are not permitted to dismiss the child without **written permission** from you.(email or phone message are ok ) We are meeting you and may not know who the other people are. We need for you to accompany all persons listed to school for an introduction before they are scheduled for a pick up. Until the teacher becomes familiar with the pick up person, she will continue to ask for a photo ID.

If for some reason, a person listed for pick up will no longer be permitted at dismissal, you need to inform the school promptly in writing and in person. If an emergency contact changes, promptly notify the teacher and the director in writing

**Donations** :During the first week of school we are asking you to bring in a container of wipes.

**Supplies** : A supply calendar will be sent home each month for the children i

**Snacks:** A snack calendar will be sent home each month . Due to allergies, choose only Goldfish Crackers, Teddy Grahams, Cheez-its or Animal Crackers, along with 1 gallon of water. Please send in enough for 20 children. The snack is shared by both rooms. If your child is celebrating a birthday you may only send in donut holes as a treat! Due to allergies cupcakes and cookies are not permitted. Our snack time is between 10:00 and 10:30.

**Discipline:** Separation from the conflict and making another choice seems to settle problems in this age group. We sometimes move the child to a chair or to another room with Miss Marian. We also take a nice walk through the halls! If we encounter a problem concerning the discipline of your child, we will discuss it with you. Please do not be offended. We want this program to be a happy experience for all the children. Biting is part of development and unfortunately it does happen. We will notify you if your child bites or is bitten.

## **List of items needed for each child:**

1. Complete change of clothes brought to class each day.
  - A. labeled with child's name on each item
  - B. undershirt, underpants or diapers, pants shirts, socks
  - C. place clothes in a plastic bags with name on the bag.
2. Back pack with name on outside of bag. This is to be brought to class each day with a change of clothes inside. Please check the bag after each class for projects and important papers from the office.
3. Label all coats, hats, and mittens.
4. Snapshot of your child should be attached to your pick up form.
5. Cup with a lid. (if necessary in Room A only)



6. Sneakers are preferred because recess time is spent outside on our playground equipment

**Snow Days** - If Haverford School District is closed for a snow day, so is Trinity. You will receive an email that we are closed for a snow day and I will post it on facebook. If Haverford is two hours late TRINITY is closed, If you have any concerns call Miss Marian at home,(610-353-2981), on the cell (610-716-1895) or contact me by email early in the morning(mgalante@aol.com)

### **Early Intervention**

If your child has an IEP , please leave a copy of it with your child's teacher.

We are not encouraging visit from the IU here at school this year,

**Potty/Diapers** - please inform us when your child is beginning to be potty trained, we will work with them at school too, if you use pull-ups please use the type with velcro sides.

**Communication** - communication from home can be sent in a note to the teachers or an email can be sent.( I prefer email) If you need to speak to a teacher please schedule a time AFTER class . All school communication will be in an email sent by the teachers. A newsletter is published each month. You will find that in the back pack and on our web site.(trinityhavertown.org , click on preschool)

**Tuition can not be refunded due to a cancellation of classes due to a catastrophic occurrence, pandemic, epidemic, tornado, hurricane, earthquake or devastation of the property**



### **Due to the CCD Guidelines:**

No Parent may enter the building.

Temperatures will be taken at the doors

Arrival and Dismissal :

MMO will arrive at the side playground

If weather permits, dismissal will be from the playground

Drop off ( early morning or arrival time) is at your designated entrance. Please follow the signs

.When you drop off , please tell the teacher that he/she is staying for lunch bunch and pay for lunch bunch then

We asked for donations in the handbook. Please make sure the package is sealed

If your child is sick, please keep him or her home.

If someone in your house has the covid virus please send me a text at 610-716-1895 , and keep your child home for two weeks. We will quarantine the school for 5 days.

The tuition schedule is included in this booklet. I will send a bill home every 4 to 5 weeks.. Please do not pay in advance. Put the check in an envelope with your child's name on it and hand it to the teacher at the entrance.

All snacks must come in a sealed package

The "Ifs"

**If someone in your home tests positive for covid, the family needs to be quarantined for 5 days, children can not come to school. all family members must be tested.**

**If someone in your home needs to be tested for the covid virus because of an exposure, please keep your children home from school.**

**If** that person gets tested and you are waiting for results, please keep your children home from school.

**If** that person tests negative after an exposure, but begins to show symptoms a little later and needs another test, please keep your children home

**If** that person tests negative after an exposure, and shows no symptoms after quarantine, your children can come to school.

**If** your child tests positive after a direct exposure, your family and the class must quarantine for 5 days. All siblings must remain out of school.

**If** your child tests negative after a direct exposure, you and your family must still quarantine for 5 days All siblings must remain out of school

**When in doubt, please keep your child home.**

Symptoms of covid are just like having a cold or getting the flu

From the Mayo Clinic

While children and adults experience similar symptoms of COVID-19 , children's symptoms tend to be mild and cold-like. Most children recover within one to two weeks. Possible symptoms can include:

- Fever
- Nasal congestion or runny nose
- Cough
- Sore throat
- Shortness of breath or difficulty breathing
- Fatigue
- Headache
- Muscle aches
- Nausea or vomiting
- Diarrhea
- Poor feeding or poor appetite
- New loss of taste or smell
- Belly pain
- Pink eye (conjunctivitis)

If your child has symptoms of COVID-19 and you think he or she might have COVID-19 , call your child's health care provider

Session 1

Monday 9/19,9/26,10/3,10/17,10/24,10/31  
Tuesday 9/20,9/27,10/4,10/11,10/18,10/25  
Wednesday 9/21,9/28,10/5,10/12,10/19,10/26  
Thursday 9/22,9/29,10/6,10/13,10/20,10/27  
Friday 9/23,9/30,10/7,10/14,10/21,10/28

Session 2

Monday 11/7,11/14,11/21,11/28,12/5,12/12  
Tuesday 11/1,11/8,11/15,11/22,11/29,12/6,12/13  
Wednesday 11/2,11/9,11/16,11/23,11/30,12/7,12/14  
Thursday 11/3,11/10,11/17,12/1,12/8,12/15  
Friday 11/4,11/18,12/2,12/9,12/16

Session 3

Monday 1/9,1/23,1/30,2/6,2/13,2/27  
Tuesday 1/3,1/10,1/17,1/24,1/31,2/7,2/14,2/21,2/28  
Wednesday 1/4,1/11,1/18,1/25,2/1,2/8,2/15,2/22  
Thursday 1/5,1/12,1/19,1/26,2/2,2/9,2/16,2/23  
Friday 1/6,1/13,1/20,1/27,2/3,2/10,2/17,2/24

Session 4

Monday 3/6,3/13,3/20,3/27,4/17,4/24  
Tuesday 3/7,3/14,3/21,3/28,4/11,4/18,4/25  
Wednesday 3/1,3/8,3/15,3/22,3/29,4/12,4/19,4/26  
Thursday 3/2, 3/9,3/16,3/23,3/30,4/13,4/20,4/27  
Friday 3/3,3/10,3/17,3/24,3/31,4/14,4/21,4/28

Session 5

Monday 5/1,5/8,5/15,5/22,6/5.  
Tuesday 5/2,5/9,5/16,5/23,5/30,6/6  
Wednesday 5/3,5/10,5/17,5/24,5/31,6/7  
Thursday 5/4,5/11,5/18,5/25,6/1,6/8  
Friday 5/5,5/12,5/19,5/26,6/2,6/9



### **Too Sick for School?????**

At one time or another, every parent faces this dilemma: Is my child too sick to send to school? Below are some helpful hints to help you know when not to send your sick child to school:

- \* Temperature of 99.5 degrees or more within the past 24 hours
- \* Vomiting or diarrhea within the past 24 hours
- \* Earache
- \* When strep is suspected but the results of a throat culture are not yet known.
- \* A positive throat culture for strep: student should be on antibiotic treatment for 24 hours before returning to school.
- \* Any symptoms of acute illness such as persistent cough or runny nose accompanied by body aches.
- \* A red eye with crust, mucous or excessive tearing (until diagnosed by a physician and treated with medication for 24 hours (pink eye)
- \* Any skin lesion with honey brown crusts (until diagnosed by a physician and treated with medication for 24 hours if impetigo)
- \* Skin lesion: mild itchy ring shaped pink patch with a scaly, raised border and a clear center ( until diagnosed by a physician and treated with antifungal cream (ringworm)
- \* If your child has head lice that has not been treated
- \* If your child requires any medication for pain stronger than Tylenol or Ibuprofen, they should not attend school.

The guidelines listed above are meant to help parents determine if a child should attend school or other activities. Your child should look and behave like him/her self for 24 hours before returning to school.

- A sick child who returns to school too soon is at risk for picking up other infections due to lowered immunity
  - A child who is still sick is likely to infect other students and staff
  - A child who is not feeling well will not be able to focus on schoolwork.
- Please notify school if your child develops any communicable condition. Remind your child about frequent hand washing. It is the most effective means of preventing the spread of communicable diseases
- Some diseases in a pregnant woman may threaten the health of the mother and/or her unborn child. In general pregnant women are well advised to avoid persons who have infectious illnesses, particularly if rashes are involved.
- If one of your children is ill with a virus, please keep their siblings home also.

### **Please call the school office and if your child is diagnosed with these diseases since we have many pregnant women here at Trinity**

**Chickenpox:** Most pregnant women have already had chickenpox and are immune to the disease. In this case , they and their unborn babies are safe from exposure to the virus. However if a woman who has not had the disease and is not immune, comes into contact with a known case during pregnancy ,there may be a significant health rash . Please inform her OB as a matter of urgency, so that an assessment can be made and preventive measures can be considered.

- Rubella (German measles): Exposure to rubella virus in a non-immune woman during early pregnancy may lead to damage to the unborn baby. It is also now routine for women to be offered testing for immunity to rubella as part of their routine antenatal care.

#### **\* Shingles.....**

Pain, burning, tickling, tingling, and/or numbness occurs in the area around the affected nerves several days or weeks before a rash appears. The discomfort usually occurs on the chest or back, but it may occur on the belly, head, face, neck, or one arm or leg.

- **“Fifth” disease or “Slapped Cheek” disease.** If a woman is exposed to this virus in early pregnancy (before twenty weeks gestation), she should promptly inform her OB . Investigations can be initiated to check if infection has been acquired so that actions can be taken to reduce the chance of problems with the pregnancy. In general, it is probably advisable that women in early pregnancy

Flu-like symptoms (usually without a fever), such as chills, stomachache, or [diarrhea](#), may develop just before or along with the start of the rash. Swelling and tenderness of the [lymph nodes](#) may occur

Calendar 2022

September 7 ....First day of Nursery School 11:30 dismissal  
September 8.....11:30 dismissal  
September 9 .....11:30 dismissal  
September. 12.....Lunch Bunch begins, Afternoon  
kindergarten Enrichment begins &  
Early morning drop off 8:30  
September 19.....MMO begins 11:00 dismissal  
September 26.....MMO dismissal 11:00  
October 10 .....school closed for Indigenous Peoples of  
America  
November 11.....Veteran’s Day close  
November 23.....No lunch bunch, no afternoon kindergarten  
enrichment 11:30 dismissal  
November 24 .....Thanksgiving off  
November 25.....Thanksgiving holiday off  
December 19 to January.....school closed Christmas  
Holiday  
January 3 .....classes resume  
January 16 ...MLK Day school closed  
February 20 ...Presidents’ Day school closed  
April 3<sup>rd</sup> to April 10 ...Easter Break ..school closed  
April 11 ...classes resume  
May 24 -25 ..Nursery School graduation ceremonies ..(shows  
mark the last day the child is in school)  
May 30....Memorial day  
June 9 ....Last day of MMO

# 2022-2023 TRINITY LUTHERAN MOTHERS’ MORNING OUT HANDBOOK



1141 West Chester Pike  
Havertown, Pa. 19083  
[Mgalante@aol.com](mailto:Mgalante@aol.com)

\*\*\*\*\*Subject to change

Scholastic Online Orders.....HJB63 Tax Id.....231581630